

WINTER/SPRING 2022-2023
PARKS AND RECREATION

SALIDA COMMUNITY RESOURCE GUIDE



FACILITIES/PARK DIRECTORY • MEET THE STAFF
RECREATION & EVENTS • AQUATICS • LOCAL PROGRAMS

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dominique.naccarato@salidaelected.com

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Mike Pollock, Council Member - Ward 2 719-207-0019 mike.pollock@salidaelected.com

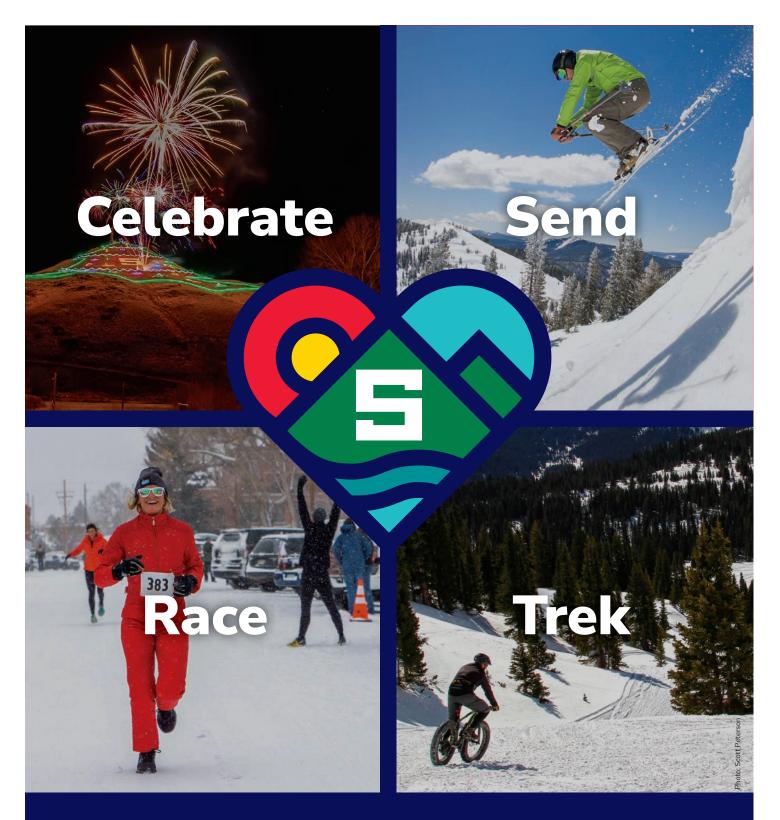
Harald Kasper, Council Member - Ward 3 719-221-5259 harald.kasper@salidaelected.com

Alisa Pappenfort, Council Member - Ward 3 719-221-2911 alisa.pappenfort@salidaelected.com

Follow us on [6] @ @salidaparksandrec

to keep up to date with Salida Parks and Recreation Department

Thank you to our contributing photographer and staff member! Ryan Wiegman - www.digitallcowboy.com







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CityofSalida.com/ parksrec 719-539-6738



Dear Salida,

The Department of Parks and Recreation has continued to serve the community by providing programming, holding events, managing our parks, open space and trails, and building new amenities. In the coming months, we will be scaling back our capital projects and focusing on the long-term plans and goals of the community. At the beginning of 2022, the Parks, Recreation, Open-Space and Trails Advisory Board developed priorities and funding preferences for the department that were approved by the City Council. These priorities are:

Admin Projects

- Complete the Department's standard operating procedures
- Research the process and needs for planning to build a Recreation/Community Center/Pool(s)/Sports facility/P & R headquarters, by 2029, primarily with a bond or District funds
- Evaluate and address routine asset and infrastructure management
- Finalize agreement with CPW and allocate resources and funds to manage the area

Short-term Capital Projects

- Build and upgrade park bathrooms with primarily City funds
- Develop an open space and trails master plan
- Build and install an information kiosk at Vandeveer with solely City funds
- Build a pump track/bike park with City and partner funds
- Build a basketball court with City and grant funds

Long-term Capital Projects

- Build an outdoor Recreation/Community Center/Pool(s)/Sports facility/P & R headquarters with primarily city funds, grants and/or a bond
- Build an ice rink with primarily District or City and partner funds

As you can see, we are starting to look at the bigger needs of the community in the years to come. We built our splash pad, our skate park, our mountain park, our sand volleyball, we improved the river park, we keep fixing the pool, we will continue to develop more ecological practices for managing the parks, and we will keep becoming more efficient as a department.

We also need to start figuring out how to "get a rec center" (as I hear from so many of you). We need to visit other communities and ask questions, we need to talk to each other about what we are willing to do to fund these large projects. The community survey and master plans place our wants and needs (Rec Center, outdoor pool(s), sport complex, bathrooms, etc) in the multiple millions of dollars category!

The conversation that Salida needs to start having is about sports fields, swimming pools, recreation centers, and other major projects that are 3-6 years away. We need to develop strategies for action; no more "we really need a rec center" comments - let's find a way to do these things.

I have started the process and will reach out for your input and ideas. I will keep you as informed as I can along the way. I look forward to the new direction and to serving Salida in the effort.



Mike 'Diesel' Post
Director of Parks and Recreation
City of Salida
719-966-9378

City of Salida Parks and Recreation



Parks and Recreation Department Mission

To offer park and recreation services which are essential to the health and well-being of those who live, work and play in Salida. We do this through the provision and facilitation of parks, recreation, open spaces, and trails while working cooperatively with other service providers in order to maximize our common resources.

Non-Discriminatory Policy

The City of Salida does not discriminate on the basis of age, race, sex, color, religion, national origin, disability, veteran status, sexual orientation, or any other status protected by law.

Americans with Disabilities Act

This landmark civil rights legislation went into effect on Jan. 26, 1992. It is a significant step forward to make our society's services and opportunities fully available to all Americans by combating barriers and prejudices that confront those of us with disabilities. The City of Salida is committed to implementing the intent and spirit of this legislation. Those who may need assistance in order to enjoy our programs should contact our Parks and Recreation Department at least two weeks in advance of the program to discuss any necessary accommodations. Please contact the Aquatic Center at hotsprings@cityofsalida.com prior to the registration deadline for assistance requests or inquiries.

The City of Salida has two ADA Coordinators: Nate Mohrmann and Anissa Caiazza



Scholarship Fund

We strive to keep recreational opportunities affordable so that all of Salida's community may participate. Anyone who meets the income guidelines is eligible for \$150 in financial aid per person each year. Salida Recreational Scholarships are awarded on a first-come, first-serve basis. Scholarships are available for many types of programming including swim passes and league participation. Pick up an application at the Aquatic Center, scan the QR code or email hotsprings@cityofsalida.com for more information.

We do our best!

We make every effort to be accurate in this guide, but we are human! Be aware that information may be subject to change.

Salida Hot Springs Aquatic Center Policies

- All guests who utilize the Center, participate in activities at their own risk. The City of Salida Parks and Recreation Department is dedicated to providing safe facilities and equipment as well as qualified staff for all participants.
- Soap showers required before entering our pools: Code of Colorado Regulations Water Quality Control Division 4.11 (1)
- Food and drinks are only permitted in the lobby area
- Smoking devices, tobacco, drugs and weapons are prohibited in the Center
- Animals are prohibited unless they are service animals accompanying persons with disabilities
- Please be aware of and follow all posted Center rules and guidelines

Age Policy

- Children who are unable to swim 25 meters on their fronts without stopping must be supervised by an adult and be within arms reach in the water at all times
- Children who are 9 yrs or younger and are able to swim 25 meters in their fronts without stopping must have an adult in the facility
- Children who are 10 years of age or older and are able to swim 25 meters without stopping may be left without adult supervision
- Caregivers, ages 14 to 17 years old, are allowed to bring children under 10 years old (who are able to swim 25 meters without stopping) to the pool with a note from the children's parents

Cell Phone/Camera Policy

 Use of cameras, cell phone cameras, and video cameras are prohibited in all locker rooms and bathrooms. Any photography or videography within the Center must be approved by management.

Refund Policies

Pass/Membership Refund Policy

Salida Hot Springs Aquatic Center passes and memberships are non-refundable and non-transferable as of January 1, 2021. Access passes, however, are transferrable.

Hardship Termination Criteria

The following criteria must be met to qualify for a hardship refund:

- A job transfer outside a 25-mile radius of Salida. The pass or membership holder must provide a letter from their Human Resources Department stating that they are being transferred or have a new position.
- In case of a medical condition the following options are available:
 - A Salida Hot Springs Aquatic Center pass holder, member, or class registrant may receive a refund if they provide a letter from their physician stating that they are on a medical restriction of an indefinite nature.
 - A Salida Hot Springs Aquatic Center pass or membership can be put on hold and the expiration extended if the participant provides a letter from a physician stating how long they are on a medical restriction.

Refunds and Cancellations

Program Refund Policy for Canceled Classes

• If a class is canceled or closed, you will receive a full refund in the form of a check or credit card refund. There are no cash refunds and a refund can take approximately three weeks to process.

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Refund prior to the Class

• Refunds will be made only before the start of the class or activity if the client gives 48-hour notice or the client presents an acceptable hardship termination notice.

Refunds after the class

• Refunds will only be made after the class if the client presents an acceptable hardship termination notice.

Cancellation of Activities Due to Inclement Weather

All daytime (before 5 pm) programs will be canceled when the Salida School District
is closed due to inclement weather. The cancellation of evening programs (after 5 pm)
will be determined by 4 pm. On Saturdays, information will be available on daytime
classes beginning at 8 am and on evening classes beginning at 4 pm. The Department
will issue cancellations on their Facebook and Instagram pages @salidaparksandrec,
as well as send an email to all activity/class participants.

Cancellation of Activities Due to Low Enrollment

• The City of Salida Parks and Recreation Department reserves the right to cancel classes due to low enrollment.





Mike "Diesel" Post
Director of Parks and Recreation
diesel.post@cityofsalida.com

Mike 'Diesel' Post loves the City of Salida and his job working with the community to make it a happy and healthy place. After earning a degree in Recreation and Park Management from Penn State, Diesel moved to Chaffee County and made a living as a Raft Guide, Winter bum, Art, Science, and Social Studies Teacher, Bus Driver, and High School Principal. He now gets to work with Salidans to make Salida an awesome place to live, play, and raise a family because that is what he wants for his friends and family.



Nate Mohrmann
Parks and Facilities Manager
nate.mohrmann@cityofsalida.com

Nate loves the uniqueness and values of this community. A lifelong learner he embraces challenges. When Nates is not at work you'll find him on the river or out enjoying one of the other abundant recreational opportunities the mountains have to offer.



Anissa Caiazza
Recreation and Aquatics Manager
anissa.caiazza@cityofsalida.com

As a raft guide here some 20 years ago, Anissa followed her heart to Salida to become a full-time resident 4 years ago. With a degree in Recreation Management and a love of all things related to having fun and being active and engaged in our community, Anissa values being a part of bringing Parks & Recreation resources to our citizens and visitors.



Zach RyersonParks and Trails Supervisor zachary.ryerson@cityofsalida.com

Zach grew up in small town lowa and now is loving small town Colorado. I love running really long distances, sleeping in the dirt and ice cream. I'm passionate about conservation and public land management. If you see me on the trails or in the parks stop and say hi!



David DaleyFacilities Supervisor
david.daley@cityofsalida.com

David grew up in Salida and has loved the time he has spent at the Aquatic Center. He is proud to serve Salidans and to help provide the unique Hot Springs water to his community. You will most likely see him around the pool, making sure everything is running smoothly, be sure to say hi.



Jennifer Davisson
Salida Hot Springs Aquatic Center
Supervisor
jennifer.davisson@cityofsalida.com

Jennifer is one of the fortunate ones who was born and raised in this beautiful valley. She has been swimming at the Salida Hot Springs Aquatic Center for 45 years. As the Aquatics Supervisor, she takes great pride in making the pool a safe and enjoyable place for all ages to swim and play.



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Ryan WiegmanRecreation Supervisor
ryan.wiegman@cityofsalida.com

Ryan enjoys working to provide events, leagues, and programs for Salidans. He has been with the department for 4 years now and has enjoyed seeing the growth of program offerings and amenities that the department has been able to provide for the community.



Maggie Clark
Parks and Recreation
Administrative Coordinator
maggie.clark@cityofsalida.com

Maggie is a native of New Jersey, but has called Fairplay, CO home for 14 years, before moving to Salida in 2021. She served as the Executive Director of South Park Parks & Recreation District for 5 years, where she was passionate about connecting with locals and visitors, supporting and helping others, and creating healthy opportunities for people of all ages. Maggie is currently enrolled in a 250 hour Yoga Teacher Training program - a passion and lifestyle that she has enjoyed for most of her adult life. She is very excited to be a part of the Parks & Rec team in Salidal



Cat Hileman
Aquatics Center Administrative
Coordinator
cat.hileman@cityofsalida.com

Cat was raised in Salida and has lived here for the majority of her life. After she left for college, she came back to Salida after realizing she missed her hometown and wanted her kids to grow up in her own community. She has been raising her family here ever since then and loves working for the Parks and Recreation Department. Working here gives her the opportunity to connect with community members in fun and different ways. "Every day, I get the opportunity to make



Lynn GilesParks Worker: Irrigation Specialist

Lynn loves the small-town feel and easy-going lifestyle of Salida. Lynn's favorite parts about working in the Parks and Rec department are the variety of her job tasks and her co-workers.



someone smile"

Daniel SaulParks Worker: Facilities and
Events Specialist

Daniel enjoys all of the recreation the valley has to offer. He thinks that the wide variety of work keeps things interesting and is always learning new skills that would transfer to any future employment I might hold.



Tyler McNeaseParks Worker
tyler.mcnease@cityofsalida.com

Tyler McNease moved to Salida in 2021 from Summit County and loves the opportunities the Arkansas valley has to offer. In his spare time, he enjoys skiing, biking, and river related activities.



Mike JonesParks Worker
mike.jones@cityofsalida.com

Mike has lived in Salida since 1997 and loves it here! Skiing, rafting, fishing and great people are all reasons why he feels at home and dosen't want to leave. Beside the endless opportunities for adventure here, he keeps busy raising two kids with the help of a great public school system.



Pam Dension
Head Lifeguard
pam.denison@cityofsalida.com

Pam is the Head Lifeguard at Salida Hot Springs Aquatic Center. She was born and raised in Salida, CO and graduated from Salida High School. She has worked on and off at the pool since she was 12 years old, starting as a swim teacher's aide and at 15 she became a lifeguard. After a career as a teacher, Pam came back to the pool to continue to work with children. Pam enjoys making the pool fun for the kids, by playing games with them at the climbing wall and encouraging fun in the pool. Pam also trains new lifeguards and works to make sure the pool is running smoothly.



Tina ScardinaRecreation Coordinator
tina.scardina@cityofsalida.com

It is not work, if you love what you do! Salida Parks & Rec is a great place to engage with people, be active, and have fun. I enjoy team sports, creating with kids, and serving our community. As a Denver native and a transplant since 2019, Salida is where my heart is.

The Parks & Recreation Department is also supported by many part time and seasonal workers. It takes every one of them and their contributions to provide our community with essential parks and recreation opportunities.

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Interested in Sponsoring?

Sponsorships give your business the opportunity to advertise and promote while supporting your local community. We offer a wide variety of sponsorship levels to fit your needs. Reach out to salidaraces@cityofsalida. com for more information.

Interested in Volunteering?

Volunteers are needed in special events, youth programming, aquatics, and more. Reach out to salidaraces@cityofsalida.com to learn more.

The City of Salida's Recreation Department would like to say Thank You to all the Volunteers, Coaches, and Sponsors of our Programs!



Interested in Working?

The Parks and Recreation Department is almost always hiring! Positions vary depending on the time of year, but include lifeguards,

parks workers, league officials, recreation assistants, and many other fun positions! We have a great team and would love to keep adding community-centered passionate people to it! To see what jobs are available and to apply, visit cityofsalida.com/jobs or scan this QR code to see what jobs are available now!



The PROST board works with City Staff toward helping the Department of Parks and Recreation best serve the community. The PROST Board has three goals:

- To serve as a link between the City Council, City staff, and the community.
- To assist the City in evaluating and prioritizing parks, trails, recreation, and open space projects in the community.
- To assist the City in evaluating funding sources for parks, trails, recreation, and open space projects in the community.



Pictured from left to right. Front Row: Jessica Downing, Stacy Falk, Jess Smith. Back Row: Connor Maher, Rob White, Jon Terbush.

Missing from picture: Kristy Falcon.

Dear Salida Community,

Our Parks & Rec Department had a busy summer and fall. We hope you've had an opportunity to partake in leagues, aquatics programs, mobile recess for the kids and maybe even the new Scout Wave.

As we look forward to winter, the recreation opportunities in Salida don't disappear. In addition to staples like the New Year's Day 5k, and the ski bus, the PROST board is working with the department to accomplish programming priorities and long term planning. We're excited to see planning for the Salida Bike Park and Vandaveer Ranch. The PROST Board members are always open to hear community feedback and discuss your ideas. Our goal is to be the communication bridge between what is happening in the community and what the Parks & Recreation Department has in store. In the words of the great Leslie Knope, "Go find your team. Get to work. Whatever that work is that you find worth doing. Do it, and find some people to love who'll do it with you." The PROST Board is fortunate to work with such a great team as the Parks & Rec Department staff. We look forward to seeing you this winter out enjoying what Salida has to offer.

City of Salida Parks and Recreation



A Brief History of **Riverside Park**

By Steve Chapman salidawalkingtours.com

Today, Riverside Park in downtown Salida is a favorite gathering spot for concerts, picnicking, casual reading, and playground fun. However, in the early days, this was the location of the city dump.

Originally, waterways were not the protected resource of modern times. In the 1800s, it was common to throw dead animals and all manner of waste into the Arkansas River, allowing it to float downstream and become the problem of another locale. The land was also a rubbish heap where the city hauled debris following multiple fires that destroyed large sections of the town and the railyard.

Alexander Hunt, the first U.S. Marshal in the Colorado Territory and the fourth Territorial Governor, was a partner in the new Denver & Rio Grande Railroad. He operated as the land agent for the company and owned most of downtown Salida.

On July 20, 1881, Hunt deeded the land by the river to the railroad by quitclaim.

Before 1882, Salida was a sage desert—no trees and no grass. Marshal Baxter Stingley and his jail work crews planted the first trees, and those original cottonwoods still live behind the bandshell. The city gave root to a majority of the remaining trees (Green Willows) around 1910. They've grown so large because of the species and access to an unlimited water supply, but the species has a lifespan of 70-80 years and the Riverside trees are 110; removal at some point is eminent.

Riverside Park grew slowly between 1898 and 1904.

The area below Second Street was deemed unsavory until not long ago. Long-time locals remember when the north end of F Street was rough and unkempt—not a place for families. Respectable people spent their time at Alpine Park—the first such space in Salida and the one where decent people visited.

On May 7, 1986, the Denver & Rio Grande Railroad finally relinquished ownership of the parkland by quitclaim. The deeded parcel included riverside property between F Street and D Street, up to Sackett Avenue, including the Scout Hut.

Significant upgrades, transforming Riverside Park into today's famous meeting place, began in earnest with a 2010 grant from Great Outdoors Colorado plus trust contributions and lottery money.



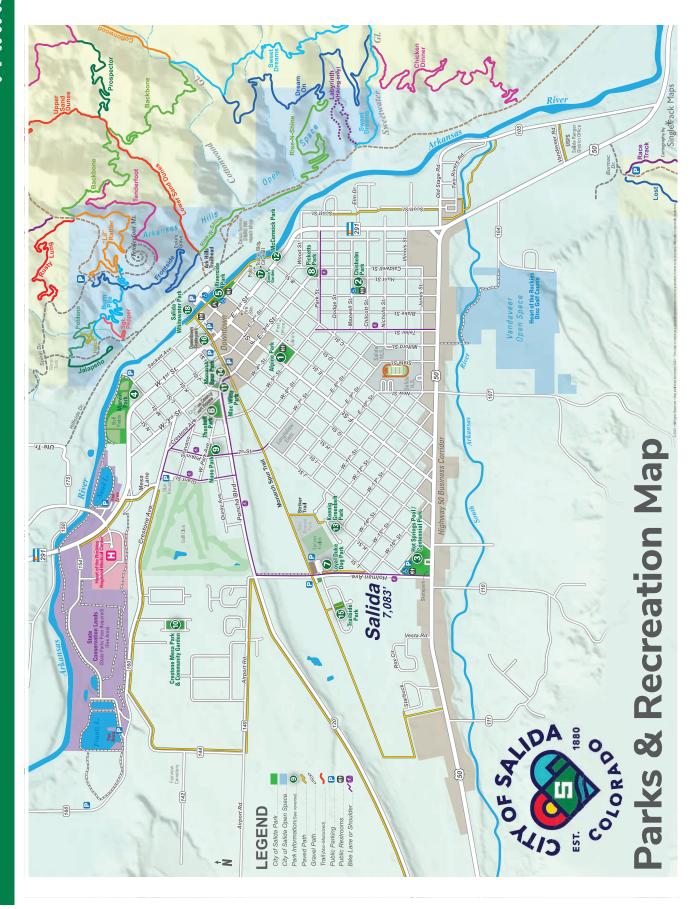


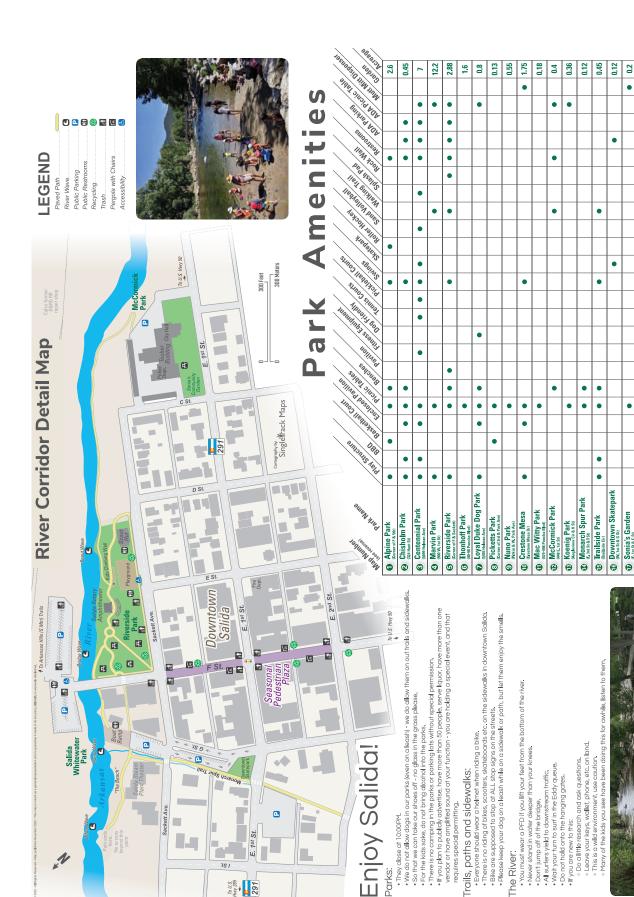






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© Salida Whitewater Park

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Salida Skate Parks

The City of Salida has 2 skateparks, 1 downtown and 1 in Centennial Park.

Skate Park Etiquette:

- 1. If you're not skating, stay away! It's dangerous to stand in the middle of the action. If you're a spectator, keep a safe distance. Avoid congregating in skateable spaces.
- 2. Avoid Crashes--Watch Where You Are Going! Pay attention to your surroundings. Play it safe.
- 3. **Snaking is Not Tolerated!** Do not cut in on another user's line. Wait for your turn.
- 4. **Get Up Fast!** If you accidentally fall, get up as fast as you can to avoid other riders passing by. If you are injured, call for help.
- 5. **Respect Failure.** Skateboarding is all about experimentation and learning from failure. Be positive, encourage one another, and respect others' frustration. Falling is part of the game.
- 6. **Don't Ride the Bowl's Flat Ground.** Make room for those who are dropping in and riding the entire bowl. The pool's flat ground is not a skating ground.
- 7. **Don't Rest On the Coping.** Avoid resting or standing on the coping while someone is doing their run. Scooters should not rest the front wheels on the coping while waiting.

- 8. Respect Kids & Beginner Skateboarders. Beginners are learning. Talk with them or their parents about park etiquette. Encourage one another and be supportive.
- 9. Respect Intermediate & Advanced Skaters: Many are practicing advanced and complex tricks. So, if you're new to the park, avoid learning the basics during peak times.
- 10. **BMX & Scooters:** Most skateparks are open to skateboards only. However, if you're on a BMX or scooter enjoying the concrete, remember to respect the rules of the structure. Riding mountain bikes in the park is discouraged. Mountain and "Cruiser" style bikes are not designed for skateparks.
- 11. **Keep the Skatepark Clean.** Pick up your litter! Vandalism of any kind will not be tolerated.
- 12. **Apologize.** If you snake or hurt another skater, apologize. Take responsibility. Blaming doesn't lead to solutions!
- 13. Be Safe. Wear a helmet!



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Park Rentals and Special Events

The City of Salida's Parks, Pavilions, and Courts are perfect for hosting gatherings or Special Events.

At 12:00 AM on October 1st, rental and event requests begin. Be sure to apply early because park space can be limited, and conflicts will be reviewed by staff over the next 7-10 business days. All rentals and events must begin by completing the online form: Park rental and Special event request form available on the website.

A park rental is the use of the park and certain amenities; however, it does not guarantee that you have exclusive use of the park (see Special Event Rental). Park Rentals can include birthday parties, gatherings, picnics, etc.

Rental Rates*

Riverside and Alpine Park

Less than 4 hours: \$100 Day Rental: \$200 Overnight Fee: \$200 Deposit: \$200

All Other Parks

Less than 4 hours: \$50 Day Rental: \$100 Overnight Fee: \$200 Deposit: \$100

Courts

Centennial Tennis Court: \$25/hour with \$100 deposit

Alpine Basketball Court: \$50/hour with \$100 deposit

Pavilions

Less than 4 hours: \$25 Day rental: \$100 Deposit: \$100



*fees subject to change based on annual City Council fee schedule approval

To get this process started, scan the QR code or visit https://www.cityofsalida.com/parksrec/page/special-event-and-park-rental-applications where you can fill out our park rental/special event application.

Special Events

A Special Event is

- When the expected number of participants and spectators totals **50 or more people**; and/or
- An event with more than 1 vendor; and/or
- When providing, selling, or distributing alcohol and/or food to the public; and/or
- When holding a **parade or using public right of ways** (e.g., city streets, multi-use paths, and sidewalks, boat ramps, etc.), and/or impacting vehicle, bike or bus traffic and/or
- When the event lasts **multiple days** and/or
- If the event intends to violate a City ordinance (ex. include dogs in a park)

In addition to a Rental Application, you might need to fill out one of the **Special Event Applications**. Our staff will let you know which form is applicable to you and your event after you fill out the Rental Application.

Our staff will gladly work with you to ensure you have a safe event. Please reach out to tina.gramann@cityofsalida.com if you have questions or concerns on how to put on a Special Event during this time.

Scout Wave improvements



This extensive improvement project is designed to create a better wave for surfing, safer eddies, and a tuber takeout with several new safety features.

Salida Hot Springs Aquatics Center Boiler

This year, the Department is replacing the boiler at the Aquatics Center. After the long life of our current boiler, this replacement is a necessary upgrade for the facility to keep it running smoothly for the public to enjoy.

ADA Transition plan

The City of Salida is currently in the process of developing an ADA Transition Plan to eliminate barriers to facilities, services, and programs. The Plan will include a self-evaluation of existing practices and procedures in all City departments, including Community Development, Public Works, City Management, Parks, Recreation, and Facilities departments. Benesch will conduct staff meetings to solicit feedback and information on current practices and potential areas for improvements. The project will include a public outreach process to engage residents and users of City services to obtain the same information. The outreach process will include an open house, surveys, and a public comment period on the draft Transition Plan.

Additionally, the Benesch Team will perform physical assessments of City-owned and operated facilities, parks, trails, curb ramps, and sidewalks to determine where physical barriers may exist. The inspections will note non-compliant items that may be addressed over time.

While the development of an ADA Transition Plan may not immediately result in projects or physical improvements, the final Plan will provide the City with clear direction and a roadmap to make accessibility related improvements and accommodations as funding allows.

Splash pad

The Department of Parks and Recreation broke ground on a new splash pad at the end of August and the project is expected to be completed in November. The new water feature was recommended as part of the Parks Master Plan that was completed in 2020. The splash pad is being constructed near the Holman Avenue entrance to Centennial Park and will include a dynamic design with areas for both toddlers and older children, is ADA accessible, and includes seating nearby for family and observers.



Ice rink

The City of Salida re established its commitment to the Chaffee County Amateur Hockey Association (CCAHA) in September 2021 and signed an agreement to release funds and continue to offer land to build an ice rink. The CCAHA was able to purchase a fully functioning ice rink from Colorado College in 2021, accelerating their planning and development process. Unfortunately, Centennial Park was always intended to be a temporary rink. The acquisition of the CC rink leapfrogged the initiative into a place that was not intended until 2027. CCAHA and the City are working together to build a rink in an alternative location.

Pump Track

2021 also saw the forming/reinvigoration of the Salida Bike Park(SBP) group. The group's mission is to build an all-ages, all-ability community space centered around bikes, dirt jumps, pump track, tot track, skills areas, and wooden features. Parks and Rec staff and SBP representatives have identified a possible location for a bike park and are working on the details over the winter season.



At the Salida **Hot Springs Aquatic Center**





1840s Local Ute Indians discovered the hot springs

1868 First hot springs bath constructed

EARLY 1930s The City of Salida acquired the hot springs

> 1936 Work began to build a hot water delivery system from Poncha Springs to Salida (Project cost: \$160,000)

1937 A Federal Works Progress Administration (WPA) project paid to construct the pool, building and other important infrastructure for the Aquatic Center

The City of Salida purchased 145 acres of land at the hot springs source and water rights for \$40,000

1975 – 1977 The pool was remodeled and repaired after it was destroyed by a gas explosion

2001 - 2002 The pool was repaired after a spring storm dumped four feet of snow and crushed portions of the roof

Celebrating 85 years of history and fun!

DID YOU KNOW?

- The Salida Hot Springs Aquatic Center is the largest indoor hot springs facility in the country.
- Water is gathered from an underground spring and travels 4.5 miles down the mountain and piped directly into the aquatic center, delivering fresh hot water continually! (Line on map)
- The hot springs produce an average of 145 gallons of 120° water per minute; that's over 208,0000 gallons per day!
- During the Great Depression, roughly 200 men were hired to dig the hot springs pipeline and construct the building essentially by hand.

COME SEE FOR YOURSELF

Today, visitors can enjoy the 25-meter, six-lane pool; the smaller, warmer leisure pool; or small private soaking pools. The facility is open daily to the public and offers open swim, lap swim, aquatic fitness classes, swim lessons, swim team, paddling programs, slide, dive, climbing wall, special events, and more!





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Self serve entry kiosk

The Salida Hot Springs Aquatic Center has a self serve entry Kiosk which expedites check-in's for regular pool users! You can skip the line by purchasing a membership or access pass and checking yourself into the pool.

Memberships and passes

The Salida Hot Springs Aquatic Center offers many Access Pass and Membership options.

Winter and Spring Closures

December 24th - Closing at 3 P.M.

December 25th - Closed

December 26th - Opening at 8 A.M. **December 31st -** Closing at 3 P.M.

Hours of operation:

Monday-Thursday: 6:00 A.M. - 6:00 P.M.

Friday: 6:00 A.M. - 8:00 P.M. Saturday: 10:30 A.M. - 8:00 P.M. Sunday: 10:30 A.M. - 6:00 P.M.

Aquatic Center Events

Underwater Easter Egg Hunt

Cost: \$10 drop-in. Access Passes and

Memberships are accepted.

Day(s): Thursday **Date:** April 6, 2022 **Time:** 4 P.M. - 8 P.M.

Ages: 0 - 15

Location: Salida Hot Springs Aquatic Center Join us for a classic Salida event! Dive to the

bottom in search of a golden egg or collect eggs off of the surface. This event is always a hit and tons of fun! Registration will be available online prior to the event.

Dive and Jive

Cost: \$6 drop-in. Access Passes and Memberships

are accepted. **Day(s):** Fridays

Dates: January 13, February 10, March 10, April

14, May 12

Time: 7 P.M. - 9 P.M. Ages: Middle Schoolers

Location: Salida Hot Springs Aquatics Center Dive and Jive is a great way to end the long school week. Hang with friends in the leisure pool or race against your classmates in the lap lanes. Belly flops off the diving board are always a hit, or climb up the wall using only your hands. Popular teen Music will be played, and the overhead lights will be turned off at 8 pm for a super cool effect. Middle schoolers only are invited to this pool party.

Adult Soak

Cost: \$10 drop-in. Access Passes and

Memberships are accepted.

Day(s): Fridays

Dates: January 27, February 24, March 31, April

28

Time: 7:30 P.M. - 9:30 P.M. **Ages:** Adults 18 and older

Location: Salida Hot Springs Aquatics Center On the adult soak night, we raise the leisure pool water temperature to 102°F. It is a great way to wind down after a long week with some quiet

rest and relaxation.

Family Fun Night

Cost: \$10 adult, \$5 youth, and \$2child drop-in. Access Passes and Memberships are accepted.

Day(s): Thursdays

Dates: January 19, February 16, April 20

Time: 5 P.M. - 8 P.M. Ages: All ages

Location: Salida Hot Springs Aquatics Center Family Fun Night includes water games in the pool, including basketball, ring toss, football toss, floating volleyball, and much more. There are also several flotation toys to float around on.

Swim Lessons

Winter Swim Lessons

American Red Cross Swim Lessons will be offered this winter at the Salida Hot Springs Aquatic Center. These swimming classes for kids are tailored to the needs of each child so that he or she can progress at a comfortable pace. And although some children may advance more quickly or slowly, our instructors ensure that everyone receives the instruction they need.

How do I sign up for a program or activity through Salida Recreation?

Scan this QR code!



1. Open the camera app on your smartphone and scan this QR code to be taken to the Salida Parks and Recreation program sign-up page.

On a computer

- 1. Visit cityofsalida.com
- 2. Select "Parks and Recreation" from the menu at the top right of the screen and choose "Hot Springs Aquatic Center" or "Recreation"; or scroll down on the home page and scan the "recreation registration" circle.
- 3. Select the program you are interested in after that and follow the prompts to continue registering for the course.

On a smartphone

- 1. Visit CityofSalida.com
- 2. Select the three lines at the top right of the screen which will drop down a menu
- 3. Select "Parks and Recreation" from the menu at the top right of the screen and choose "Hot Springs Aquatic Center" or "Recreation", or scroll down on the home page and click the "recreation registration" circle.
- 4. For "aquatics" scroll down and click the activity you choose to participate in then follow the prompts to continue registering for the course.

Preschool and Learn To Swim: Level 1, 2 and 3

Cost: \$65

Dates: January 23, 25, 30 February 1, 6, 8, 13

and 15

Time: 5:30 P.M.- 6:15 P.M.

Ages: 4-12

Preschool Aquatics Level 1: Your child is introduced to basic skills. These skills lay the foundation for developing water competency and the future skill development of swimming strokes. In addition, your child starts to develop positive attitudes and safe practices around the water.

Level 1: Introduction to Water Skills, your child is introduced to basic skills as the foundation for future skills and the development of water competency (the basic minimum skills needed for water safety).

Level 2: Our instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills, including the development of water competency (the basic minimum skills needed for water safety). Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim. Learn-to-Swim

Level 3: Our instructors follow a plan to introduce new swimming and water safety skills and to build on previously learned skills. Your child learns to swim the front crawl and elementary backstroke at rudimentary levels, is introduced to the scissors and dolphin kicks, learns the survival float, and increases the time duration for treading water. Your child also learns the rules for headfirst entries and begins to learn to enter the water headfirst from a seated position at the poolside (if the water is 9 feet deep or deeper). Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim and help your child develop water competency.

Level 4: Stroke Improvement -

improve participants' proficiency in performing the swimming strokes that was introduced in Level 3. Prerequisites: Successful demonstration of the Learn-to-Swim Level 3 exit skills assessment.

Level 5: Stroke Refinement- Help participants refine their performance of all six swimming

strokes (i.e., front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) Prerequisites: Successful demonstration of the Learn-to-Swim Level 4 exit skills assessment.

Stroke Clinic

Cost: \$5 drop-in Days: Tuesdays

Dates: January 10 - March 7, 2023

Time: 5 P.M. & 6 P.M.

10-12 kids (levels 4 and 5) maximum for each

one hour session

This class is for kids 8-15 who want to improve their swimmin strokes techniques. They'll focus on ability appropriate strokes.

Preschool Lessons

Cost: \$45

Dates: March 31, April 7, 14, 21 and 28.

Time: 10:00 A.M. - 10:45 A.M.

Ages: 4-5 yrs

Registration opens March 17, 2023 at 9 A.M.

Parent/Tot Swim Lessons

Cost: \$45 and \$10 for an additional adult

Dates: April 8, 15, 22, 29 **Time:** 10:30 A.M. - 11:15 A.M.

Ages: 6 months - 3 yrs

Please sign up under the child's name

These swim lessons familiarize children between the ages of 6 months and approximately 3 years with the water and teach swimming readiness skills. They also provide safety information for parents and teach techniques parents can use to

orient their children to the water

Class is 45 mins

Cost \$45 for Child and Adult;

\$10 for additional adult

Registration opens March 25, 2023

Private Swim Lessons

These lessons are available upon request for ages 4 and older. Each lesson is 45 minutes. Stop in or call us at (719) 539-6738 to set up your lessons today. Please note: We have several families on our waiting list and only a handful of teachers teaching. Please be patient with us as we try to get through our list.

 Purchase a lesson access pass \$100 for 5 lessons

Aquatics Fitness Classes

Sunrise Water Yoga

Cost: \$8 drop in. Access passes and memberships

also accepted. **Days:** Fridays

Time: 7:00 A.M. - 8:00 A.M.

Low intensity; leisure pool; Teacher-Nancy Powers This class takes traditional yoga poses into the warm water without inversions or strains on the joints or muscles. It enhances your flexibility, strength, balance, and mental well-being.

Arthritis Pool Therapy

Cost: \$8 drop in. Access passes and memberships

also accepted.

Days: Monday, Wednesday and Friday

Time: 9:00 A.M. - 10 A.M.

Low intensity; leisure pool; Teachers- Mary

Baranczyk and Honor Scherbarth

A warm water workout is the best way to increase blood flow to stiff muscles and frozen joints. This class uses low-impact exercises that will improve flexibility, mobility, and strength and soothe joint inflammation.

Splash! Fitness

Cost: \$8 drop in. Access passes and memberships

also accepted.

Days: Tuesday and Thursday **Time:** 12:00 P.M. - 1:00 P.M.

This Silver Sneaker class uses water resistance to improve agility, flexibility, balance, and cardiovascular endurance. Signature Splash boards are used to increase movement and intensity. Moderate intensity; lap pool/leisure pool. Teachers- Mary Baranczyk and Honor Scherbarth.

AquaMixer

Cost: \$8 drop in. Access passes and memberships

also accepted. **Days:** Wednesdays **Time:** 12 P.M. - 1 P.M.

A mix of aquatic exercises including cardio, strength training, short high-intensity intervals, and pilates designed to improve your overall fitness. All abilities are welcome, from beginners to advanced fitness levels. No SilverSneaker passes. Moderate/High intensity; lap pool/leisure pool;

Teacher - Cassie Hatcher

AquaSpin Class

Cost: \$8 drop in. Access passes and memberships also accepted.

Days: Tuesdays

Time: 9:00 A.M. - 9:45 A.M. Class Starts Jan 4, 2022

This class focuses on core stabilization, balance, flexibility, strength, and endurance combining intense cycling with upper body exercises for a well-rounded fitness routine. This low impact workout is ideal for individuals with joint pain. Moderate - High intensity; lap pool; No passes accepted; Teacher: Iris Lama and Michele Steeter

Adult Coached Swim

Cost: \$8 drop in. Access passes and memberships

also accepted.

Days: Tuesday and Thursday

Time: 6 A.M. - 7 A.M.

Coach Wendy Gorie leads the group with a written workout and helps with techniques along the way.

Moderate-high intensity; lap pool.

SUP Board Fitness Class

Cost: \$8 drop in. Access passes and memberships

also accepted. **Days:** Saturdays

Time: 9:30 A.M. - 10:15 A.M.

This class is a balance-and-strength based water workout that challenges you to maintain proper postural control and alignment while performing Yoga and resistance band exercises on the Aqua Body Strong board. You'll burn calories, and increase strength, balance, endurance, and focus. Moderate-High intensity; lap pool; Teacher: Amanda Wright

Parent Tot Swim

Cost: Adult \$5 and Children 5yrs and under \$2. Passes and memberships also accepted.

Days: Tuesdays and Thursdays **Time:** 9 A.M. - 10:30 A.M.

Parent/Tot is for parents and tots 5 years and under. The beach-like area in the leisure pool is a great place for children to play. Bring the bath toys and float toys and enjoy this special time with your tot.



Salida Parks and Recreation and FIBArk will continue to offer paddling opportunities for the community. During the winter we offer kids introduction to kayaking courses and kayak roll sessions at the pool. For the winter of 2022/23, we anticipate being able to offer more paddling programs to support the paddling community. Check back with @SalidaParksandRec on Facebook and Instagram or the city website, cityofsalida.com for more information.

Kayak

Level 1: Intoduction to Kayaking (Offered in partnership with FIBArk)

Cost: \$12 Day(s): TBD

Date: Jan 4 - April 26, 2023 Time: 6:00 P.M. - 7:30 P.M.

Ages: 8+

Location: Salida Hot Springs Aquatic

Center

Class I Kayak roll sessions are pre-registered classes for community members that want to

learn how to roll a kayak. These lessons will be available to a variety of ages and are designed to help people experience the sport of kayaking without committing to it. An instructor will be in the hot/leisure pool helping those that sign up learn to roll. In collaboration with FIBArk, all equipment and training will be provided. This is the first step in competing with the Ark Valley River Riders or being able to enjoy the sport on vour own.

Level 2:

Essentials of River Kayaking

Cost: TBD Day(s): TBD

Date: February - March **Time:** Evening (TBD)

Ages: Kids

Location: Salida Hot Springs Aquatic Center This course will introduce and improve the skills that participants have learned in a level 1 course. Skills that will be learned include, boat control, river safety and rescue (swimming), surfing

practice, and rolling.

Kayak Open Roll Sessions

Cost: \$12

Day(s): Wednesdays

Date: Jan 11 - February 8, 2023, February 15 - March 8, April 5 - May 24 (no session on May 3) **Time:** 7:15 P.M. 9:00 P.M. 6:30 P.M. 9:15 P.M.

Time: 7:15 P.M. - 9:00 P.M., 6:30 P.M. - 8:15 P.M.,

6:30 P.M. - 8:15 P.M.

Ages: 10+

Location: Salida Hot Springs Aquatic

Center

Kayak roll sessions are available to the public to practice rolling during the winter months. There is not an instructor for this activity, and participants must demonstrate proficiency of a wet exit before participating in a roll session. There is also no equipment provided for this activity, all participants must bring their own and are required to wear a helmet and PFD while participating.

Kids In Kayaks (Offered in partnership with FIBArk)

Location: Salida Hot Springs Aquatic Center

Dates: Early March 2023.

Salida Parks and Recreation partners with FIBArk, the Salida School district, and other community organizations to help get every 4th grader in Salida into a whitewater kayak! The pool will be closed to the public during this time and we are proud to be a partner in this amazing program!

SUP

SUP paddle Sessions

Cost: \$12 Day(s): TBD

Date: Jan 4 - April 26, 2023

Time: TBD Ages: 8+

Location: Salida Hot Springs Aquatic

Center

SUP paddle sessions are available to the public to practice SUPing during the winter months. There is not an instructor for this activity. There is also no equipment provided for this activity, all participants must bring their own and are required to wear a helmet and PFD while participating.

Raft

Pool Rafting Sessions

Cost: \$12

Day(s): TBD - Staff is hoping to schedule 2

sessions

Date: Jan 4 - April 26, 2023

Time: Ages: 8+

Location: Salida Hot Springs Aquatic

Center

Pool Rafting sessions are available to the public to practice raft skills during the winter months. There is not an instructor for this activity. There is also no equipment provided for this activity, all participants must bring their own and are required to wear a helmet and PFD while participating. Space is limited for each session



Youth Basketball

Cost: \$55

Day(s): Practices will be held on weekdays between 4:00 P.M. and 7:00 P.M. and games will be held on Sundays between Noon and 3:00 P.M.

Dates: Jan 9 - March 5, 2023 **Time:** 4-7 P.M. and 11-2 P.M.

Ages: K - 6th grade

Location: Salida School District Gymnasiums Registration will close on December 16, 2022 for Salida Youth Basketball.

The Salida Youth Basketball season starts on January 9 and ends on March 5 for kids ages 5-12. Participants will practice

once a week starting the week of January 9 and ending the week of February 27.

Games will be held on Sundays starting on January 29. More detailed practice and game schedules will be available in Mid December. Registration closes on December 16. Sign up to participate or volunteer as a coach or referee.

Coed Rec Dodgeball

Cost: \$40 Team Fee and \$12 player fee

Day(s): Wednesdays

Date: February 22 - April 5, 2023

Time: 6 P.M. - 9 P.M.

Ages: Adults

Location: Salida Middle School

Try our adult dodgeball league! Each team will play 5 nights and one finals night on the last day of the season. Players will referee other teams games and games will be each 15 minutes with

4 games per night.

Women's Rec Volleyball

Cost: \$60 Day(s): TBD Dates: Jan - May Time: 6 P.M. - 10 P.M.

Ages: Adults

Location: Salida School District

The Salida Recreation Volleyball League provides all levels of recreational volleyball play for local women during the winter. Each team will be required to referee for the other teams. Games will take place once a week between 6:00 P.M. and 10:00 P.M. The end of the season will conclude with 2 weeks of tournament play.

Adult Drop in Basketball

Cost: \$4

Day(s): Mondays

Date: January 9 - March 27, 2023

Time: 8 P.M. - 10 P.M

Ages: Adults

Location: Salida High School

Adult Drop in Basketball is available during the winter months to play basketball indoors and out

of the weather.

Youth Wrestling

Cost: \$60

Day(s): 2 practices per week on Tuesdays,

Wednesdays, or Thursdays **Date:** February - March **Time:** Evening (TBD)

Ages: 5 - 11

Location: Salida School District. TBD.

Something Fun for EVERYONE BRING **Unique Educational** IN THIS AD FOR 10% **Toys & Games** OFF! Children's Books **Puppets • Travel Toys Baby Gifts Fun Jewelry** Lego • Playmobil kaltoys.com 📢 **Arts & Crafts** 116 F St., Salida **Novelties** 719-530-0533

Wrestling is both an individual and team sport, and offers some great learning and growing opportunities for young people. In addition to the improved strength, flexibility and coordination that wrestlers experience, they also work on improving their work ethic, self-confidence, self-discipline, self-respect, and respect for others. Positive self-talk is big. Camaraderie and sportsmanship are big. Always treating yourself and your opponents with respect is huge. And, wrestlers can win medals and trophies! Practices are at the high school and are a lot of fun. Tournaments are a great way to try the skills learned in practice, and to test and build on self-confidence, and respect for others. Wrestling - come check it out!

Youth Swim team

Cost: Regular season=\$246-\$298/

Extended season = \$237

Day(s): See extended season schedule

Date: June - November **Time:** Evening (TBD)

Ages: Youth

Location: Salida Hot Springs Aquatic Center Swimming is a lifelong sport and this organization is about so much more than swimming. Teamwork, perseverance and competing with grace are all part of the experience. The Salida Cyclone Swim Team is a seasonal competitive swim team offering high-quality, professional coaching and technique instruction. For more information about joining the Cyclones Swim Team visit the Salida Cyclones Swim Team website.



Outings Mobile Recess

Cost: Free!
Day(s): TBD
Date: TBD
Time: TBD
Ages: 3 - 7
Location: TBD

Mobile recess will be available to Salidans on an ongoing basis. During the summer, recess takes place in Alpine park and during the winter we are working to offer an indoor option for the program.

Field Trip Fridays

Cost: TBD
Day(s): Fridays
Date: TBD
Time: TBD
Ages: 5 - 11
Location: TBD

Field trip fridays will take place at a variety of locations and introduce participants to new locations and learning activities. Locations might include the police station, the fire station, local farms, and local community programs.

Skiing



Ski Bus

Cost: \$5

Day(s): Fridays and Saturdays

Date: December - March **Time:** 8 A.M. - 4 P.M.

Ages: All ages

Location: Salida Hot Springs

Aquatic Center and Monarch Mountain.

The Salida Ski Bus transports riders from the Salida Hot Springs Aquatic Center to Monarch Mountain during the winter months. Riders under 10 need to be accompanied by an adult and all riders must keep control of any ski equipment that they bring with them while riding the ski bus. Riders are expected to arrive at the bus on time or the bus will leave without them to maintain its schedule.

Hockey

Are you a hockey player looking for more ice time? Look no further! The Chaffee County Amateur Hockey Association may be in its infancy but they want you to participate. Follow them on Facebook at @chaffeecountyicerink or go to their website at chaffeecountyice.com to learn more.

Roller Derby

Roller derby is a fast-paced, full-contact sport played on quad roller skates. We play on a flat track at the Chaffee County Fairgrounds. Our weekly coached sessions are participant-centered to create a safe space for all skaters to learn the sport. We provide clear pathways to develop skating, game play, rules and safety. All skill levels are celebrated and skaters can join the team at anytime. Participants need quad roller skates, wrist guards, knee pads, elbow pads, mouth guard and a helmet. Gear is available at Ramps & Alleys Skate Shop, 645 E Rainbow Blvd, Salida, CO.

Performing arts

Dance

Line dancing with Betty Scofield

Cost: TBD

Day(s): Monday & Thursdays

Date: Seasonal

Time: 9:30 A.M. - 11:00 A.M. - Advanced 11:00 A.M. - 12:00 P.M. - Beginners

Ages: Adults

Location: American Legion-

235 West 10th Street in Salida, CO

Information: Call for more info! 520-233-3821

Believe Dance

Cost will be \$100/month per class

Ages 5 and up!

Classes will be ballet and hip hop (at this point) We will be having our Winter Nutcracker performance on December 17th at 5:00p.

https://believedanceacademy.com/

720-937-1475

Thriller Dance

In order to keep the beloved Thriller dance "alive" and well the Department of Parks and Recreation took ove the management and oversight of this annual Halloween tradition. Keep your eyes open for information about registration next fall.

Circus

Salida Circus is Colorado's most unique troupe of acrobats, aerialists, jugglers, jesters, stilt walkers, magicians, and much more! Since 2007, Salida Circus has brought unforgettable circus entertainment to festivals, fairs, corporate events, parties, parades, promotions, schools, libraries and community centers! Whether it's a single stilt walker, an interactive children's show, or a complete circus showcase, Salida Circus can provide tailor-made entertainment for any event! Salida Circus has an impressive track record throughout Colorado, New Mexico, California, as well as London, Ireland and the Middle East! (719)239-4500. Thesalidacircus.com

Theater Sventastic Productions

- Monday
- 4 P.M. -5 P.M. Enchanted ballet/jazz
- 5 P.M.- 5:45 P.M. kickboxing
- Tuesday (beginning Sept. 20th)
- 4:30 P.M. 5:30 P.M. 6 week Musical Theater 101 class
- Friday
- 10:15 A.M. 11:15 A.M. Enchanted ballet/jazz
- 11:15 A.M. 12 P.M. kickboxing
- 1-2 ballet 1
- 2-3 jazz/tap 1
- 3-4 ballet 2
- 4-5 jazz/tap 1

The Monday and Friday classes are ages 3+ The musical theater classes are for ages 6+. https://www.sventastikproductions.com/

Music Articipate

Articipate offers diverse programs from many artistic disciplines.

We engage artist educators that demonstrate technical and creative mastery of their art form. They are all able to engage participants of any age enough to leave a lasting impact and inspire personal action. Experience, community involvement, leadership and references are all considered when recruiting new artist educators. Program development is done in collaboration with artists, Articipate's education and program directors, our board of directors, partner organizations and community members.

We offer after school and summer programs, inschool performances, year-round workshops in a variety of disciplines with a variety of educational resources available to teachers and administrators. We want everyone to have a chance to participate. Apply for a scholarship if you need financial assistance for Articipate or other local arts programs.

Sandell Studio



Exact dates and times of classes TBD Classes will begin in August

Salida Youth Choir (3rd grade and up)

Students will learn proper singing technique, music literacy skills, sight-singing, harmonization, ear training, performance techniques, and numerous repertoire selections. Each semester ends with a full concert for friends and family.

Music with Mary (1- 4 years old, with caregiver) Enjoy exploring musical sounds with your child. This 30-minute Musikgarten curriculum class for children and caregivers includes musical song games, movement exploration, and fun with instruments.

Women's Lunch Choir (for adult women's voices)

Join other women in song. This weekly class focuses on group singing fundamentals through singing rounds and other folk music together. As we sing, we will also explore topics such as breathing for singing, anatomy of the voice, range, warming up the voice, and vocal health. No singing experience is necessary and there will not be a concert or performance. This group is designed to nurture new voices and help instill confidence.

Get more info and register at www.sandellstudio.com

Ukulele Group of Salida

Come strum and sing with our laid-back group of players—you may find yourself marching in a parade or two! The Salida Ukes welcome all ages and levels of ability. We offer guidance on buying a ukulele as well as lessons throughout the year.

The club typically meets bi-monthly—day, time and location vary. Connect with us by email at salidaukulele@gmail.com or through our website: https://salidaukulele.wixsite.com/salidaukes. Our band of uke enthusiasts welcomes all who enjoy music!



Yufen Chou Music Studio

Lesson Offered: piano, violin, early childhood music class (starting in Spring 2023) Ms. Chou has 26 years of experience teaching

students of all ages; from beginner to college music majors. Ms. Chou holds graduate degrees in piano performance and accompanying. She is also a registered Suzuki violin and piano teacher. You can find her biography by scanning the QR code. **Location:** Lessons are currently held in Sventastik Productions, 934 E. Rainbow Blvd.

Contact: (202)725-3826; funclavier@gmail.com

Monarch Mountain Programs

Monarch Mountain Ski teams

Team Monarch focuses on competitive development and advancement in freeriding and racing. Team Monarch is open to intermediate to advanced skiers and snowboarders. Athletes can choose to be part of either the Introduction to Competition Team or the Freeride Competition Team.

Clinics and Programs

Ski and Ride School: Daily ski and snowboard lessons, and seasonal programs. Caterpillars, Butterflies, Discoverers, Shredders, Rippers. https://skimonarch.com/programs/

Adult Clinics: Monarch offers a full array of adult clinics including, Strictly Racing, Women's Adventures, Free Healing, Cruising and Carving, Steep Terrain, Bumps and Moguls, Glade and Trees, and All Mountain Exploration https://skimonarch.com/clinics/

PRE-REGISTRATION REQUIRED for all Programs and Clinics. Please call Monarch at 719.530.5196 to register.

The following events and activities are subject to change and cancellation.

December 2022 Santa Skis Monarch

Sat: Dec 24, 2022 10 A.M. - Noon

Must have day of lift ticket or season pass to access the lifts) Enjoy Christmas Eve skiing and riding. Bring the little ones up to hang out with Santa as he skis around Monarch spreading Christmas cheer.

January 2023

(NSAA National Ski Safety Month) Skier Responsibility Code Ski & Snowboard Responsibility Code

Sun: Jan 8, 2023 - Free Event

(Must have day of lift ticket or season pass to access lifts)

Monarch kicks off National Safety Month promoting "Know the Code." The National Ski Area Association developed Your Responsibility Code to help skiers and boarders be aware that there are elements of risk in snowsports that common sense and personal awareness can help reduce.

Veteran's Appreciation Day Thurs: Jan 12, 2023

I hurs: Jan 12, 2023

It's Veterans` Appreciation Day at Monarch Mountain. Come on up and enjoy a discounted lift ticket. Rental gear is available at local ski shops as well as on the mountain. Thank you for your service.

Kids on Lifts; Lids on Kids Helmet Safety and Kids on Lifts

Sun: Jan 15, 2023 Free Event

(Must have day of lift ticket or season pass to access the lifts)

Kids love to ski and ride and Monarch loves to help them do it safely. As part of the National Ski Areas Association (NSAA) National Ski Safety Month, Monarch partners with local organizations to provide educational information and help with helmet fitting. In addition, lift Operators and Instructors provide guidance on proper chairlift riding.



skimonarch.com

Backcountry Day

Sun: Jan 22, 2023 - Free Event

(Must have day of lift ticket or season pass to access lifts)

Learn about the backcountry. In partnership with Colorado Mountain College and Colorado Mountain Club snow safety educational events will be offered throughout the day. Demo the newest in back country equipment and learn about avalanche awareness.

Park Smart Education

Sun: Jan 29, 2023

(Must have day of lift ticket or season pass to access lifts)

Start Small, Make a Plan, Always Look, Respect the Features, and Take it Easy. It's the Park Smart way. Spend the day on the park with tips and tricks from Monarch's snowboard instructors.

Tilt Jr Comp

Sun: Jan 29, 2022 - \$5 entry fee

(Must have day of lift ticket or season pass to access lifts)

A junior terrain park competition in Tilt for little rippers 15 and under years old to show off their best tricks. All competitors will take two runs in this judged competition.

February 2023 Telefestivus

Sun: Feb 12, 2023 - Free Event

(Must have day of lift ticket or season pass to access lifts)

Telefestivus a festival of Telemarking. Check out the newest in telemark equip. Competitions, guided social hike to Mirkwood, Avi Awareness activities, and lots of free heelin fun.

Fun Race: Sweetheart Race

Sun: Feb 12, 2023 – \$5 Per Person

Registration Fee

(Must have day of lift ticket or season pass to access lifts)

Race with your sweetheart. Teams of two will race head to head on Monarch's Freeway course. \$5 per person registration fee and sign up will be day of at the Season Pass desk.

March 2023

March Radness: Slope Style Competition and Fun Race

Sun: March 5, 2023

(Must have day of lift ticket or season pass to access lifts)

Ski and snowboard competition: in the Steel City Terrain Park. All competitors will take two runs in this judged competition. \$10 Registration fee.

Fun Race: Head to head ski and snowboard racing on Freeway. \$5 Per Person Registration Fee.

April 2023 Gunbarrel Challenge

Closing Weekend Sunday – Free Event A race to the top! For those hardies that just can't get enough. Challenge yourself to make it to the top of Gunbarrel one last time. Run up...ski down. It's all about the glory!

Ongoing Seasonal Events Ski with a Naturalist

Fridays: Beginning in January - First and Third Fridays of each month

11-11:45 A.M. - Free Event (Must have day of lift ticket or season pass to access the lifts) A ski and snowboard tour on beginner runs with a Naturalist highlighting Monarch's forest ecology, wildlife, the recreational history of Monarch Pass, and the Monarch USFS Partnership.

Town Challenge Race Series

Fridays: Jan 20 – March 3, 2023 (Must register by Jan 17, 2023)

A fun and friendly individual competition for amateur recreational skiers and boarders. Race against the clock during the six-week series of fun racing on Freeway. \$30 registration fee per person.

New Year's Day 5k

Cost: \$10 Day(s): Sunday

Date: January 1, 2023 Times: 9 A.M. - 11 A.M. Ages: All ages welcome Location: Salida Scout Hut

The annual New's Year's Day 5k Run is a great way to kick off the new year with a positive and fun experience! Bring your costumes, warm winter clothes and be ready to run or walk your way into

the new year.

10k-a-Day Challenge

Cost: Free

Date: May 1 - June 2, 2023

Spring is the perfect time to get back outdoors and enjoy the beautiful places that Salida has to offer. While you're doing that, track your steps and submit them to our 10k-a-day challenge. The challenge is for all Salidans and by just participating you are entered to win prizes.

Touch A Truck

Cost: Free

Day(s): Saturday Date: Spring 2023 Times: 10 A.M. - 2 P.M. Ages: All ages welcome

Location: Vandaveer Ranch Open Space

Salida Parks and Recreation hosts trucks and heavy equipment from all over Chaffee County for kids to come to play on and enjoy. The Salida Fire Department and Salida Police Department are staples of this event and we're hoping to have more trucks than ever this year! 10 am until 11 am will be the horn and siren-free hour for anybody wishing to have a less noisy experience.





Babysitting Training

Cost: \$100

Day(s): Saturday and Sunday Dates: March 3 - 4, 2023 Times: 9 A.M. - 4 P.M.

Ages: 11-15 years

Location: Multiuse Facility 8551 W US Hwy 50 The American Red Cross Babysitter's Training course is to provide youth, who are planning to babysit, with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic

Lifeguarding

Cost: \$200

first aid.

Day(s): Saturday and Sunday Dates: February 24 - 25, 2023

Times: 8 A.M. - 2 P.M. **Ages:** 11-15 years

Location: Salida Hot Springs Aquatic Center

Must complete prerequisite before signing up for class. Please contact Jennifer Davisson at jennifer.davisson@cityofsalida.com to set up an appointment to complete the prerequisite skills.

Registration opens on January 16, 2023, at 9 am. Online work must be completed before in-person classes.

The primary purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services (EMS) personnel take over. This program offers a choice of Lifeguarding/First Aid/CPR/AED courses to meet the various training needs of a diverse audience.

For information on Lifeguarding please contact Jennifer Davisson at jennifer.davisson@cityofsalida.com

Water Safety Instructor (WSI)

The purpose of this instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program including Parent and Child Aquatics, Preschool Aquatics, Learn-to-Swim, Adult Swim,

Private Lessons, Water Safety Courses (including Safety Training for Swim Coaches*) and Water Safety Presentations.

For more information please contact Donna Rhoads at djrhoads01@yahoo.com

Avalanche Awareness (offered in partnership with CMC)

Cost: Free Day(s): TBD Dates: TBD

Times: 6 P.M. - 8 P.M.

Ages: 12+

Location: Salida Scout Hut

The Department of Parks and Recreation is excited to partner with CMC to offer a free introduction for aspiring backcountry travelers. Always wanted to explore snowy mountainous terrain? Gain an introduction to the avalanche phenomenon, causes and risk. Learn where you can find the gear, resources, and training to responsibly enjoy

winter recreation. Begin to recognize and avoid avalanche terrain.

Rafting and River Safety

Cost: \$75

Day(s): Friday and Monday

Date: July 2023

Times: 8:45 A.M. - 3:30 P.M.

Ages: 8 - 14

Location: Arkansas River

This class for 3rd-8th graders is a full day of funpacked adventure and learning on the river! During a day of paddle rafting on the Arkansas River, kids will learn the basics of river safety, such as how to safely swim through rapids, how to pull themselves back in a raft, recognize and avoid hazards, and how to help rescue their friends! Equipment is provided. Kids should bring their own snacks and lunch. Kids are welcome to use their own PFD & Helmet as long as they are whitewater appropriate.





Outdoor Skills for Females by elevateHER

Cost: Free & \$600-\$900

Day(s): All year Times: 9 A.M. - 2 P.M. Ages: 6th-12th graders

Location: various

elevateHER offers 3 programs: The empowerHER Program, The inspireHER Program, and The leadHERship Program.

The empowerHER program runs 4 sessions annually. This is a 10 week program available to any girl in 6th-12th grade in Chaffee County and neighboring counties. Our activities are dependent on the season, but we do activities such as: rock climbing, hiking, mountain biking, skiing, snowshoeing, wellness workshops and more. There is no fee for this program, we just ask that families donate whatever they can. We provide all food, gear and transportation.

The inspireHER Program is made up of clinics that act as fundraisers for elevateHER. The past 2 summers we have offered a rock climbing clinic, as well as a white water rafting clinic. Over 3 days, girls learn foundational skills about rock climbing or rafting and spend time camping and getting to know girls with similar interests from around Colorado.

Our leadHERship Program was new to elevateHER this past summer, and we hope to offer it every summer moving forward. It is available to any girl in 9th-12th grade who is interested in developing leadership skills and working on more advanced outdoor skills. This is also a free, 10 week program designed for participants to take the lead by planning their activities and deciding what they want to work on during their session.

Our fall program begin on September 9th and will run until November 13th. Our Winter program will likely begin the first week of December- the first week of March.

FIBArk

This event includes running races, whitewater rafting, SUP and whitewater Kayaking events as well as a festival in the park.

Baseball

Salida Youth Baseball is organized and run by community volunteers. The Department of Parks and Recreation offers registration services for the organization. Both SYB and P&R hope to be able to offer an excellent experience for the community's baseball players.

Softball Leagues

The City of Salida hosts Men's, Women's, Coed, and Girls softball leagues which all begin in June.

Tennis

The city in partnership with the Salida Tennis Club has recently started offering youth tennis lessons during the summer.

Pickleball

Pickleball is a growing sport and well loved in the community. The recreation department is working with Peak to Peak pickleball club to provide beginner lessons during the summer months.

Rafting and River Safety

This July class for 3rd-8th graders is a full day of fun-packed adventure and learning on the river! During a day of paddle rafting on the Arkansas River, kids will learn the basics of river safety, such as how to safely swim through rapids, how to pull



themselves back in a raft, recognize and avoid hazards, and how to help rescue their friends! Equipment is provided. Kids should bring their own snacks and lunch. Kids are welcome to use their own PFD & Helmet as long as they are whitewater appropriate.

Disk Golf

Heart of the Rockies Disc Golf is a non-profit organization developing the temporary disc golf course at Vandaveer Ranch. There are weekly tags matches on Saturdays and random draw Doubles on Sundays. Both events welcome players of all skill levels! Start times vary throughout the year, please check our facebook page and group page @HotRDG for start times and special events! Heartoftherockiesdiscgolf@gmail.com

Football

Thursday Night Lights - Thursday night lights is a 4-week football skills camp for 1-8th graders that will teach them how to run, catch, block, and other football skills. The camp's drills are designed for offensive and defensive play. Each camp evening will take place at the Salida High School turf field and is open to drop-ins or pre-registrations.

Youth Football - runs from mid-August through October and is open to all players in K-6th grade. For our FLAG players (K-2nd grade), registration is \$50. For our TACKLE players (3rd-6th grade), registration is \$100. TACKLE players will also be required to make a \$100 refundable equipment deposit. The TACKLE program is a traveling program with other teams in the Upper Ark and San Luis Valleys. ALL PLAYERS will need a current sports physical in order to participate in our program. Visit http://salidaspartanyouthfootball. com for upcoming practices and events. For more information or questions about the football program, email Britt at britthughes40@gmail.com.

Golf

The Salida Golf Club offers leagues, tournaments and a youth golf camp. Early bird leagues start in April, Mens & Womens league play starts in May, and Couples starts in June.

The youth golf camp is June 5th-9th for ages 8-18. All questions should be directed to Head Golf Pro Dow Stewart at 719-539-1060.

Kickball

Kickball is the after work fun that you've been looking for! The league starts in August and ends in early October. Get your friends together and join us for one of our most popular adult activities.

Soccer

Chaffee County Soccer Club offers two outdoor youth seasons per year in the Spring and Fall, as well as indoor futsal during the winter months, and a Summer adult league. For more information or to register, visit salidasoccer.org or contact Aaron Dobson at ccucoachdobs@gmail.com.

Ultimate Frisbee

Ultimate Frisbee pickup games will turn Thursdays into Ultimate Thursdays from 5:30 P.M. - 7:30 P.M. Beginning April 29 on Thonoff Park.

All ages and ability levels are invited. Players are eligible to receive drink and food specials at Benson's Tavern after game.

Trout unlimited Camp

It is our vision to inspire the next generation of river stewards. We do this by providing youth a safe, fun and inclusive environment to learn how conservation and a passion for the outdoors and fly fishing come together in an overall ethic. Our program is presented in a daily agenda that typically includes both a conservation and a fishing activity. It consists of hands-on conservation exercises and fly fishing skills instruction and coaching. Campers use a field notebook designed to guide and chart their experiences.

Stream explorers with GARNA

The City of Salida, GARNA, and Collegiate Peaks Chapter of Trout Unlimited are teaming up for another year of Stream Explorers to connect youth to the river in their backyard. This mid-June four class program is open to middle school youth who are rising 5th – 8th graders. Participants will discover the secret lives of creatures that live in the river, perform aquatic behavior experiments, gain experience with fly casting, and learn to tie their own flies.



Absolute Bikes Bike Fridays

Absolute Youth Cycling mountain biking program provides a safe, supportive atmosphere for elementary and middle school children to learn the lifelong joy and skills of bicycling, while having fun outside with friends.

Community Gardens

Sonia's Community Garden and meditation space is located on the corner of E 1st St and C St, right in front of the Touber Building. This community garden has 11 garden beds that will be available for all members of the community: whether brand new to growing vegetables or flowers themselves, for those seeking food security for their families, or for longtime growers alike. Six additional garden beds are provided in partnership with Family Youth Initiative program participants. Register for one or more bed(s) at the Sonia's Garden for the 2023 growing season. The registration fee is \$35/ garden bed, which includes use through the entire

2023 growing season, and resources such as tools, soil, a gardener able to give guidance, and some seeds to get you started! Scholarships are also available! City of Salida scholarships will cover the cost of the garden bed, plus additional Recreation opportunities. If you have a family, or if you live alone, this opportunity will be a fun hands-on learning experience and access to growing fresh and local produce. We are really looking forward to a great turnout this season! Any questions or concerns please write Guidestone an email at homesteadeducation@guidestonecolorado.org.

The Crestone Mesa Garden is located on Crestone Mesa Dr. in the heart of the Crestone Mesa neighborhood, just .5 miles past the golf course. This garden has 24 garden plots for use by neighborhood residents and community members alike. Register for one or more raised bed(s) at the Crestone Mesa for the 2023 growing season! The turnout for last year's growing season was incredible, and the garden was so full and alive.



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These groups help us and the community. Please reach out to them to volunteer or get more information about their services.



FIBArk

FIBArk is a local community organization focused on promoting youth paddling in the Arkansas River Valley. In addition to the annual festival, FIBArk also partners with Salida Parks and Recreation to host events, classes, a youth paddling program, and a youth paddling program called the Ark Valley River Riders. Find out more about FIBArk at FIBArk.com.



Monarch Mountain

The Department of Parks and Recreation partners with Monarch Mountain on a variety of programs and events, such as the Monarch Skate Jam at Centennial Skateboard Park. Monarch is also a critical partner in facilitating the Community Ski Bus. The community is invited to all of the events that Salida Parks and Recreation and Monarch partner on.



Colorado Mountain College

CMC and P&R work together to provide community education opportunities to Salidians. The City aims to offer an introduction to a wide variety of opportunities to the community to learn a new skill and CMC often offers that next step in the journey. Colorado Mountain College offers a dynamic, innovative, and high-quality teaching and learning experience serving a diverse population in a student-centered, inclusive, and personalized learning environment. Committed to both affordable and accessible education, CMC offers a comprehensive array of undergraduate programs and lifelong learning opportunities helping all students meet their individual educational goals. Salida students can enroll in certificate, associate, and bachelor-level classes for CMC degree programs like Paramedic, EMT Basic, Certified Nurse Aide, Business Administration, Phlebotomy, Elementary Education, and Nursing prerequisites. Local high school students will also have the opportunity to enroll in an internship course that engages students in a work-based learning curriculum and allows them to immerse in a profession of their choosing. Most of their internships will be spent on-site in a work-based environment. For a full list of CMC for-credit classes visit: coloradomtn.edu/classes/.

Community Education Classes to look forward to in 2023: Avalanche Safety, Hunters Education,

Watercolor Painting, Financial Independence, Wilderness First Aid, Intercambio, Aging Mastery, CDL, Smartphone Photography, Fly Casting, Rock Climbing, Astronomy, Ark River Valley Geology, Gardening 101, and more.

Check out coloradomtn.edu/community-education/classes/ for more information and to register for classes.

FAIRGROUNDS

Chaffee County Fair Grounds

Staff from the City and County work together to offer recreational opportunities indoors at an affordable rate. The Chaffee County Fairgrounds & Event Center offers many amenities including a 6,000 sq. foot Exhibit Hall, Meeting Room with demonstration kitchen, Commercial Kitchen, 10,000 sq. foot Event Center, open-air livestock pavilion, two outdoor arenas, ample parking, RV park with electricity (for events at the Fairgrounds only) and livestock and horse stalls. They are excited to offer new covered Grandstands which provide 1,975 seats in the main arena. For more information please go to www.chaffeecounty. org and click Fairgrounds. Email mhodge@chaffeecounty.org, Phone 719-539-6151.



Salida Mountain Trails

Salida Mountain Trails (SMT) is a 501(c)(3) nonprofit that builds, maintains, and promotes sustainable, multi-use singletrack. SMT believes trails improve the quality of life for residents while boosting the bottom line of local businesses. And the organization is committed to ensuring

responsible recreation that mitigates impacts on public lands and wildlife. Founded in 2004, SMT manages 50+ miles of trails in two systems: The Arkansas Hills, and Methodist Mountain. The bulk of SMT trails are on federal lands managed by the BLM and Forest Service, with additional trails/ trailheads on city and county land.

Support Salida's trails: Become an SMT member, donate, or volunteer: salidamountaintrails.org Sponsorship opportunities: Join the 40+ local businesses that support SMT!

Get in touch: info@salidamountaintrails.org



SPOT

Salida-area Parks, Open-space & Trails (SPOT) is a volunteer, non-profit organization with a mission to promote the creation, preservation, improvement, and appreciation of parks, open space, and trails in the greater Salida area. SPOT volunteers have been around since 1993 and have helped build the In-town Salida Trails System, including the popular Monarch Spur Trail. Did you know it is actually built on an old railroad bed?! With community help, we now have 8+ miles of trail loops in and around Salida and the Rodeo Run along CR120 extends all the way to Poncha Springs.

Contact us for more information and ways to donate and volunteer Website-http://salidaparksopenspacetrails.org/trails/Email info@salidaparksopenspacetrails.org

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GARNA

GARNA inspires a conservation ethic through environmental education and public lands experiences in the Upper Arkansas Valley. You can participate in year-round programs for youth, adults, residents, and visitors! Join GARNA for various programs throughout the summer and fall, including our Annual Birthday Bash Fundraiser at River Runners (September 1), Headwaters Institute on June 10, and What's in Our Water Lecture and Field Programs on June 23 & 25, July 21 & 23. You can also connect with us through state and national service day clean-ups on public lands on Colorado Public Lands Day (May 21) and National Public Lands Day (September 24), plus Hiking Club, Birding Club, wildflower, mushroom, geology programs and more happening through spring, summer, and fall. Check the GARNA website and calendar at GARNA.org, sign up for our newsletter, and consider becoming a member to hear about programs first.



Central Colorado Mountain Riders (CCMR)

Central Colorado Mountain Riders (CCMR) works hard to preserve, maintain, and create sustainable multi-use singletrack trail opportunities. Our dedication to public lands is nationally recognized this year with the coveted 2022 Public Land Alliance Partnership Award. Thank you USFS Salida Ranger District for the nomination which recognized CCMR's cooperation with land managers, the community, and local multi-use groups; our extensive volunteer maintenance efforts to keep trails clear of downed and hazardous trees, and maintain our adopted trails; and the installation of CCMR's trailhead kiosks that encourage trail etiquette, stewardship, and cooperation among users.

CCMR is an all-volunteer, 501(c)(3) nonprofit organization. You can help support our efforts through CCMR membership and by volunteering for our trail maintenance events. For information on our mission, trails we have built, and our adopted trails, visit our website at: www. CentralColoradoMountainRiders.com.

For news and events, visit the CCMR Facebook page at: www.facebook.com/CentralColoradoMountainRiders.



Heart of the Rockies Disc Golf (HotRDG)

Heart of the Rockies Disc Golf (HotRDG) is a volunteer-powered non-profit organization, dedicated to building and maintaining the HotRDG course at Vandaveer Ranch as well as welcoming the Salida community to the sport of Disc Golf. The challenging 18-hole PAR 57 HotRDG course winds through a variety of terrain, demands technical shots, and offers tremendous views of the Collegiate Peaks as well as the City of Salida itself. The course is open to the public, all ages and skill levels are welcome!

To become a member or for more information: Contact | heartoftherockiesdiscgolf@gmail.com | FB @HotRDG



Guidestone Colorado

Guidestone manages the City's Community Garden program. The organization is integral to the education and assistance of community members that sign up for our Community gardens. Visit our website, www.GuidestoneColorado.org, or call (719) 239-0955 for more information.



Canyon River Instruction

Canyon River Instruction offers customized river training and lessons for all levels of enthusiasts including rafting, kayaking, canoeing, river safety and swiftwater rescue. Be it privately or while working with small groups, our goal is to make river running a safer, more accessible, and more enjoyable experience for everyone who recreates in the Arkansas River Valley.

719-398-1180 CanyonRiverInstruction.com Info@CanyonRiverInstruction.com



Foodshed Alliance Farmers' Market

Foodshed Alliance is a grassroots, nonprofit organization that organizes and operates the farmer's markets in Salida and Buena Vista.

Through the markets, Foodshed Alliance strives to strengthen relationships between local producers and consumers and elevate our community's agricultural, cottage foods, concessionaire, and artisan small businesses, with the vision of facilitating a thriving, sustainable buy-local economy in Chaffee County.

The Foodshed Alliance Winter Farmers Market will be on Saturdays, November 19-December 17, 2022 from 10 A.M. - 1 P.M. at the Salida Community Center.

Web: FoodshedAlliance.com

IG: foodshedalliance FB: FoodshedAllianceCO

Email: info@foodshedalliance.com

Phone: 719-398-0301



elevateHER

empowering girls through outdoor adventure

elevateHER

elevateHER fosters self-worth and grit in young women through mentoring, outdoor adventure, and holistic wellness.

Programming for girls grades 6th-12th.

Check out our website for more information and registration: elevateherco.org Or email josie@ elevateherco.org with any questions.

Salida Tennis Club - STC

Salida Tennis Club (STC) has been promoting tennis through the United States Tennis Association, Salida Parks and Recreation, the Salida School District and local members in Chaffee County for the past 20 years. Membership averages about 30-40 players.

As a club member you get in on organized play, communicate with other players on our list, receive free local tournament registration and free monthly mixer events. Club dues are \$40/calendar year. 719-539-2081



GREAT FUTURES START HERE.



Peak 2 Peak Pickleball - P2P

Did you know that Pickleball is the fastest growing game in the world? Combining aspects of tennis, and ping-pong, Pickleball is fun, social, easy to learn, and great fun for players of all ages.

Join the Peak To Peak Pickleball club today, or at the very least, join us on the court for some great pickleball!

For more information including open play schedules, upcoming clinics, and leagues or tournaments, be sure to visit the club website at https://peaktopeakpickleball.com/. Upcoming clinics will be found under the "events" page, and open play schedules are shown on the "schedule" page.

Boys and Girls Club of Chaffee County

Boys & Girls Clubs of Chaffee County. GREAT FUTURES START HERE!

Afterschool and Friday Youth Development Programming for all youth and teens age 6-18 The Boys & Girls Clubs of Chaffee County seek to inspire and enable all young people, especially those who need us most, to realize their full potential as caring, productive, responsible citizens. We offer more than 60 different programs and activities focusing on academic success, healthy lifestyles, and character & leadership. A one-year membership costs \$50. Friday program is \$10, 830am to 530pm. Youth 13 & older are free! The Salida Club is located at 709 Palmer Street. Membership forms available at the Club or online at www.bgcchaffee.org

For more information, email: director@bgcchaffee. org or call us at 719-539-9500. We're on Facebook





and Bloomz as well! Contact Info

Contact iiiio

Branch Director: Kiki Lathrop

kiki@bgcchaffee.org Executive Director:

Brian Beaulieu director@bgcchaffee.org

Phone: (719) 539-9500 Website: www.bgcchaffee.org

Youth Service Organizations

Boy scouts

We raise young men to be leaders through outdoor activities, including mountain biking, skiing, backpacking, and more! bsatroop67@gmail.com

Girl Scouts

Fun, friendship and new adventures are what Girl Scouts is all about. Girls make new friends, challenge themselves, write their own stories, and take action to change the world for the better. Come see what being a Girls Scout is all about.

(970) 379-9059 girlscoutsofcolorado.org

• 4H

To join 4-H as a traditional member, youth must be between the ages of 8 and 19, as of the first of the year. Cloverbuds are ages 5-7, also as of January 1 of the starting year. Their parents primarily teach the Cloverbuds, while adults of any age can become 4-H leaders for clubs, projects, or activities. For more information, please contact our office at 719-539-6447.



Arkansas Headwaters Recreation Area

Arkansas Headwaters Recreation Area offers children's programming from June - August. The Junior Rangers (5-11 year olds) and Tots (2-4 year olds) programs offer exploration and discovery of nature through games, activities, crafts, and fun. For more information on these events, or to sign up:

307 W Sackett Ave, Salida, CO 81201 719-539-7289 ahra@state.co.us

Central Colorado UAS

Founded in 2017, the Central Colorado UAS Club is a group of individuals with a common interest in sUAS drones. Members include pilots flying for commercial purposes under FAA Part 107 regulations, hobby recreational enthusiasts, and others just interested in the technology. We promote the positive use of sUAS through monthly meetings, educational opportunities, and community outreach. Activities include speaking engagements, meetings, flying practice, and field trips.



Ark-Valley Humane Society

Ark-Valley Humane Society serving Chaffee County, Colorado, provides animal intake and adoption services, lost and found pet services, emergency boarding services, spay and neuter coupons, pet cremation services, and also operates a pet food bank for pet owners in need. Ark-Valley Humane Society is open Monday thru Saturday from 12:00 pm-5:30 pm and closed on Sundays and can be reached by phone at 719-395-2737, by email at info@ark-valley.org, online at www. ark-valley.org, or on Facebook!

Southwest Conservation Corps, Los Valles (Salida)

Empowering individuals to positively impact their lives, their communities, and the environment, Southwest Conservation Corps (SCC) engages local youth, young adults, and veterans on public lands. SCC works to foster inclusive opportunities and collaborative partnerships for positive growth through the development of knowledge, leadership, and compassion towards our lands and communities. SCC has been involved with many local projects including; building and maintaining local trail systems, assisting with fire mitigation on Methodist Mt, campsite containment in Raspberry Gulch, and habitat restoration and erosion control on the Arkansas River.

Visit our website, www.sccorps.org, or contact Regional Director: Anna Hendricks ahendricks@ conservationlegacy.org for more information.

The Alliance

For nearly 40 years, The Alliance has empowered individuals beyond sexual and domestic violence through services, advocacy, education, and social change. Formerly known as the Alliance Against Domestic Abuse, The Alliance was founded in 1982 by a group of concerned local citizens. Today

the agency is a 501(c)3 non-profit organization with seven paid staff members, an eight member Board of Directors, and over 15 volunteers serving over 600 individuals annually. The Alliance is the only organization serving Chaffee, northern Saguache, and Western Fremont Counties that provides a safe and confidential place for victims to receive 24-hour crisis assistance, counseling & safe housing.

Full Circle Restorative Justice

FCRJ volunteers fill integral and essential roles that serve our communities through restorative practices.

Volunteer opportunities include:
Restorative justice conferences
Advocacy and accountability meetings
Positive Youth Development activities
Tutoring and Mentoring
Community Outreach and Education
Social Media/Marketing
Fundraising, event planning/hosting
Research and grant writing

As a volunteer with FCRJ you can receive on-going training, monthly networking opportunities, and are eligible for in-kind tax receipts for donation of time and/or services.

We want to hear from you! What skills, talents, interests, and lived experiences do you have? Go to https://fullcirclerj.org/ for more information.

Salida Regional Library

The Salida Regional Library is located at 405 E Street in Salida. Library hours are Monday - Friday from 9 am - 7 pm, 9 - 5:30 on Saturday, and 1-5 on Sunday. Visit salidalibrary.org for more information about our programs.



Family Youth Initiative

All FYI programming are FREE! Chaffee County Mentors Adults mentoring youth ages 7-21 in Chaffee County.

"Who mentored you?... Pass it on"

Are you over 21 and interested in making a difference in a youth's life? Chaffee County Mentoring is currently looking for more mentors for youth in our community! If you'd like more information or to sign up, please contact Kenny Wilcox: kwilcox@chaffeecounty.org, 719-221-0238 or check us out on our website: https://chaffeecountyfyi.org

Salida Dog Club

The Salida Dog Club was formed over a decade ago to help improve the lives of our four-legged citizens in the valley. Members have committed time, sweat, and funds in order to create and maintain the facilities we have today. Visit www. salidadogclub.org to find out ways you can participate and contribute, and to find out about the latest pup happenings in Salida and the Upper Arkansas Valley.



Wellness U with HRRMC

HRRMC's community wellness program is designed to help people learn how to take an active role in their health. Our different classes and programs will provide you with the tools you need to understand how to prevent disease and injury, improve your health, and enhance the quality of your life. The Wellness U program is committed to imparting useful health and safety advice to the people of the Upper Arkansas River Valley.



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The HRRMC Wellness U gym hosts classes for the community, patients, and HRRMC staff that include exercise, education, cooking, stress management, and a comprehensive medical wellness retreat. New in the summer of 2020 was the Wellness U Outdoor Exercise Studio; a 2,500 sq ft area of shaded synthetic turf overlooking mountains. Located along the public HRRMC walking trail. See a complete schedule of classes and get more info at www.hrrmc.com/wellness-u.

Embracing Aging Walking Group

Here are some reasons to walk more: Keep your heart in shape. Burn fat and build muscle. Ease joint pain. Enhance your immune function. Boost mood and lower stress.

Improve your balance.

Enjoy fresh air, sunshine and the beauty of nature. Have fun

Walking with others gives you a chance to connect and socialize, also very important to your health! Please join us for an easy walk or roll for people of all ages and abilities. All are welcome including people using wheelchairs,

walkers, canes, strollers, dogs on leashes. Free and no sign-up Necessary!

When: Every Tuesday morning (regardless of weather conditions) starting January 3rd.

Time: 9 A.M. - 10 A.M.

Where: Meet at the intersection of 3rd St. and

Monarch Spur Trail (next to Safeway)

Who: Marilyn Bouldin, volunteer with Age Strong

Chaffee Call or text at 719-239-1031



